

PH 6: CDR Professional Portfolio

The Professional Development Portfolio allows RDNs to identify their own unique learning needs, to create a plan based on those needs, and to carry out that plan by participating in a wide variety of activity types that cater to many different learning styles. Once you become an RDN, you will be required to complete the portfolio for your 5-year continuing education component. Learning and completing these steps as interns will help guide you to develop clear objectives in achieving your goals.

Competency for the RDN:

CRDN 2.12: Perform self-assessment and develop goals for self-improvement throughout the program

CRDN 2.13: Prepare a plan for professional development according to Commission on Dietetic registration guidelines

CRDN 5.1: Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.

CRDN 5.2: Identify and articulate one's skills, strengths, knowledge, and experiences relevant to the position desired and career goals

CRDN 5.3: Prepare a plan for professional development according to Commission on Dietetic Registration guidelines.

Click on the link below and create a learning plan.

<https://www.cdrnet.org/competencies-for-students>

PDP Guide Featuring Essential Practice Competencies

Credentialed practitioners are required to maintain certification through continuous learning in order to ensure professional knowledge and competence. During the redesign of the recertification system to the current Professional Development Portfolio (PDP) process, the CDR Competency Assurance Panel reviewed and reaffirmed the five (5) year recertification cycle. This evidence-based decision making involved the results of the dietetics practice audits which have consistently validated practice changes every four and one-half to five years.

The PDP Guide is the primary source for information to aid you through the recertification process using CDR's Professional Development Portfolio system, now featuring Essential Practice Competencies. [Click here to access the PDP Guide](#)

Complete step 1: create a learning plan. Select a minimum of 3 spheres and corresponding competencies. Make sure you select the ethics sphere as one of your spheres.

Here is a list of spheres and competencies:

https://admin.cdrnet.org/vault/2459/web/New_CDR_Competencies_2021.pdf

Competency Plan Builder Tutorial Video

<https://admin.cdrnet.org/vault/2459/web/Competency%20Plan%20Builder%20Walk%20Thru.mp4>

Frequently Asked Questions

An FAQ to address the most commonly asked questions about the [Competency Plan Builder](#) or [Activity Log](#).

An FAQ to address the most commonly asked questions about how the [Competency Plan Builder impacts the Activity Log](#).

Instructions for when you are actually submitting a Professional Development Portfolio when you are an RDN

Step-by-Step Competency Plan Builder [Click here for step-by-step instructions for the Competency Plan Builder](#)

For a Full List of CDR Approved Activity Types and PDP Policies please refer to the *PDP Guide*.

Entering your activities: <https://www.cdrnet.org/vault/2459/web/Audit%20Instructions%20NEW.pdf>

All CDR credentialed practitioners are required to complete at least one CPEU related to the [topic of ethics](#) during each 5-year cycle.